



Edible Gems Borlotti Bean, Avocado and Eggplant Dip

Ingredients

300g pack of Edible Gems Borlotti Beans, cooked according to instructions on pack.

Mix with:

- 1 ripe avocado
- 1 small eggplant, peeled sliced and grilled
- 1 clove garlic
- Juice of 1 small lemon
- 2 tablespoons olive oil
- Salt and pepper to taste
- Fresh chopped parsley



Instructions

Place all ingredients in a food processor and blend.
Place in a bowl and serve as a dip with vegetables, bread or crackers.

Serves 4.

Tip - Easy Bruschetta

Cube avocado and eggplant. Add all the other ingredients, mix gently and place on top of your favourite toasted bread to make an easy and delicious bruschetta.

Available until the end of May, Edible Gems delicious, nutty flavoured borlotti beans are available from selected greengrocers and specialty retailers. RRP: \$4.99 (300g pack)

For stockists, visit: www.ediblegems.com.au

