

Edible Gems™

PURE DELICIOUSNESS

Edible Gems Borlotti Bean, Cherry Tomato & Basil Salad

Ingredients

3 tablespoons of olive oil
1 large onion diced
2 clove garlic sliced
½ teaspoon fresh or dried chilli (optional)
1 potato, diced small
2 litre chicken stock or water
300 g pack Edible Gems Borlotti Beans
Salt and pepper to taste
Handful of chopped parsley
1 punnet cherry tomatoes quartered
Handful of fresh basil leaves



Instructions

Fry onion in olive oil until translucent. Add 1 garlic clove and stir through. Add potato, chicken stock, borlotti beans, parsley and pepper to taste. Cover beans with stock or water. Bring to boil, turn down heat to medium and cook for 20 minutes until tender. Add salt and stir through. Drain in colander, refrigerate or leave to cool at room temperature.

When ready to serve, place the beans in a bowl with sliced cherry tomatoes, basil, 1 clove sliced garlic, fresh sliced chilli (optional). Dress with olive oil and salt and pepper to taste and gently toss.

Serves 4.

Available until the end of May, Edible Gems delicious, nutty flavoured borlotti beans are available from selected greengrocers and specialty retailers. RRP: \$4.99 (300g pack)

For stockists, visit: www.ediblegems.com.au

